

These strengths, talents, and interest assessments help in a variety of ways depending on each individual's situation. Overall, these assessments are highly valid and reliable and will assist individuals to:

- Gain self-awareness and a better understanding of their primary motivators.
- Explore their unique personality traits, interests, and values.
- Identify their strengths, talents, skills and areas of challenge.

For those in the *career exploration phase*, the assessments will assist in identifying interests, skills, and talents and demonstrate how these relate to various occupations and career paths.

For those who desire *career development and growth*, the assessments can identify opportunities to maximize existing strengths and areas of challenge to address that could hamper advancement opportunities.

For those who are *re-entering the workforce* after an absence, these assessments can provide insight to focus the job search and successfully navigate the workforce re-entry process.

Recommended Assessments:

1. Gallup Strengths Finder Assessment - Top Five Strengths

*Must Set up an Account prior to taking assessment. \$15 Fee *

- 2. MBTI Jung Typology FREE
- 3. Tony Robbins' Disc Profile FREE

1250 Capital of Texas Hwy South Building 3 Suite 400 Austin, TX 78746 (512) 788 2012 office Careers@CareerCreators.Consulting http://www.careercreators.consulting/